

## Lady Cardinal Tradition

*1995 State Champions*  
*1996 State Tournament*  
*2001 State Tournament*  
*2005 State Quarterfinalists*  
*2010 State Runner-Up*

*Kentucky Miss Basketball*  
*2007 Rebecca Gray*  
*1995 Ukari Figgs*

*Region Champions*  
*2010, 2005, 2001, 1996, 1995*

*10 District Championships*

*2007 & 2006 #1 Scoring Team in the  
State 82.3 pts. Per Game (Boys & Girls)*

*Gatorade Players of the Year:*  
*Rebecca Gray 2007*  
*Chelsia Lymon 2006*

*Region Players of the Year:*  
*Kristen Stainback 2011*  
*Rebecca Gray 2007*  
*Chelsia Lymon 2006 & 2005*  
*Erin Brown 2002*

*KY All-Stars/All-State Players:*  
*Kristen Stainback 2011*  
*Kayla Moses 2008*  
*Rebecca Gray 2007, 2006, 2005 & 2004*  
*Chelsia Lymon 2006, 2005, 2004, 2002*  
*Suzie Owens 2006, 2005*  
*Erin Brown 2002*

*20 College Basketball Signees  
during Coach Helton's Tenure*

*Coach Helton was Named:*  
*2007 & 2006*

*"Kentucky Coach of the Year"*  
*2009 KY/IN All-Stars Head Coach*  
*2008 KY/IN All-Stars Assistant Coach*  
*2007 KY/OH All-Stars Coach*

*Play Hard - Play Smart -  
Play Together*



## SCOTT COUNTY LADY CARDINALS BASKETBALL

# Steve Helton's Fast Break Camp



*May 29<sup>th</sup> -31<sup>st</sup>*

*8:30a.m. -11:30a.m.*

*@ Scott County High School Gym*

*Boys & Girls*

*Grades K-8*

*\$30.00 per camper*

*Visit our Website:  
[www.ScottCountySports.com](http://www.ScottCountySports.com)*

Dear Camper,

We challenge you to improve your basketball skills, learn more about the game, and to discover exactly what it takes to become a better basketball player. Our camp will target boys & girls in grades K-8. Campers will be instructed in the following areas according to age:

- \*Fast Break Philosophy
- \*Stretching
- \*Ballhandling
- \*Rebounding
- \*Shooting
- \*Defense
- \*Footwork
- \*Working as a Team

This is a great camp for those players just beginning to experience the game and those who are familiar with the game, but still need individual improvement. Current and former Lady Cardinals will assist the coaching staff during camp instruction.

Coach Helton was voted “**Kentucky Coach of the Year**” in back to back years 2006 & 2007. Coach Helton's teams have led the state in scoring five out of past twelve seasons. Including the 2006-07 season in which the Lady Cards captured the scoring title for both girls and boys teams. During his tenure, Coach Helton and his staff have produced **Miss Kentucky Basketball**, twenty college basketball signees, four Region Players of the Year, two Gatorade Players of the Year & five Kentucky All-Stars, along with six All-State selections.

I hope you will join our Lady Cardinal family this summer. Our fundamental skills teaching and up-tempo philosophy will be beneficial to your total game.

In Hoops,  
Coach Steve Helton

## Camp Highlights:



**\*Meet & Work with  
Lady Cardinal Players  
& Coaches**

**\*Air Conditioned Gym**

**\*Shooting Contests**

**\*Free Camp T-Shirt**

**\*Small & Large  
Group Instruction**

**\*Fundamentals**

**\*Competitive games**

**\*ALL FUN!!!**

## Camper Information:

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Grade Entering: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_

Emergency #: \_\_\_\_\_

Email: \_\_\_\_\_

T-Shirt Size: (adult) \_\_\_\_\_ (youth) \_\_\_\_\_

To Pre-register: Send this part of the form & money to:

**\$30.00**

205 Skyline Drive  
Georgetown, KY 40324

**\*\*\*Please make checks payable to:  
Coach Steve Helton \*\*\***

**Registration will also be available on-site**

I understand that Scott County High School, &/or Coach Steve Helton and his staff cannot assume responsibility for medical, dental, or other health expenses incurred as a result of my child's basketball camp.

Scott County School district will not be held responsible for medical expenses incurred as a result of personal injury while participating in the Lady Cardinals Fast Break Camp at SCHS.

Parents Signature: \_\_\_\_\_

Date: \_\_\_\_\_