

Lady Cardinal Tradition

1995 State Champions
1996 State Tournament
2001 State Tournament
2005 State Quarterfinalists
2010 State Runner-Up

Kentucky Miss Basketball
2007 Rebecca Gray
1995 Ukari Figgs

Region Champions
2010, 2005, 2001, 1996, 1995

10 District Championships

2007 & 2006 #1 Scoring Team in the
State 82.3 pts. Per Game (Boys & Girls)

Gatorade Players of the Year:
Rebecca Gray 2007
Chelsia Lymon 2006

Region Players of the Year:
Kristen Stainback 2011
Rebecca Gray 2007
Chelsia Lymon 2006 & 2005
Erin Brown 2002

KY All-Stars/All-State Players:
Kristen Stainback 2011
Kayla Moses 2008
Rebecca Gray 2007, 2006, 2005 & 2004
Chelsia Lymon 2006, 2005, 2004, 2002
Suzie Owens 2006, 2005
Erin Brown 2002

20 College Basketball Signees
during Coach Helton's Tenure

Coach Helton was Named:
2007 & 2006

"Kentucky Coach of the Year"
2009 KY/IN All-Stars Head Coach
2008 KY/IN All-Stars Assistant Coach
2007 KY/OH All-Stars Coach

Play Hard - Play Smart -
Play Together



SCOTT COUNTY LADY CARDINALS BASKETBALL

Steve Helton's Fast Break Camp



May 29th -31st

8:30a.m. -11:30a.m.

@ Scott County High School Gym

Boys & Girls

Grades K-8

\$30.00 per camper

Visit our Website:
www.ScottCountySports.com

Dear Camper,

We challenge you to improve your basketball skills, learn more about the game, and to discover exactly what it takes to become a better basketball player. Our camp will target boys & girls in grades K-8. Campers will be instructed in the following areas according to age:

- *Fast Break Philosophy
- *Stretching
- *Ballhandling
- *Rebounding
- *Shooting
- *Defense
- *Footwork
- *Working as a Team

This is a great camp for those players just beginning to experience the game and those who are familiar with the game, but still need individual improvement. Current and former Lady Cardinals will assist the coaching staff during camp instruction.

Coach Helton was voted “**Kentucky Coach of the Year**” in back to back years 2006 & 2007. Coach Helton's teams have led the state in scoring five out of past twelve seasons. Including the 2006-07 season in which the Lady Cards captured the scoring title for both girls and boys teams. During his tenure, Coach Helton and his staff have produced **Miss Kentucky Basketball**, twenty college basketball signees, four Region Players of the Year, two Gatorade Players of the Year & five Kentucky All-Stars, along with six All-State selections.

I hope you will join our Lady Cardinal family this summer. Our fundamental skills teaching and up-tempo philosophy will be beneficial to your total game.

In Hoops,
Coach Steve Helton

Camp Highlights:



***Meet & Work with
Lady Cardinal Players
& Coaches**

***Air Conditioned Gym**

***Shooting Contests**

***Free Camp T-Shirt**

***Small & Large
Group Instruction**

***Fundamentals**

***Competitive games**

***ALL FUN!!!**

Camper Information:

Name: _____

Date of Birth: _____ Age: _____

Grade Entering: _____

Parents Name: _____

Address: _____

City/St/Zip: _____

Home Phone #: _____

Cell Phone #: _____

Emergency #: _____

Email: _____

T-Shirt Size: (adult) _____ (youth) _____

To Pre-register: Send this part of the form & money to:

\$30.00

205 Skyline Drive
Georgetown, KY 40324

***Please make checks payable to:

Coach Steve Helton ***

Registration will also be available on-site

I understand that Scott County High School, &/or Coach Steve Helton and his staff cannot assume responsibility for medical, dental, or other health expenses incurred as a result of my child's basketball camp.

Scott County School district will not be held responsible for medical expenses incurred as a result of personal injury while participating in the Lady Cardinals Fast Break Camp at SCHS.

Parents Signature: _____

Date: _____